

Dick Kessler has been working with clients to increase their personal satisfaction and effectiveness in their lives for more than ten years. Other experience includes providing individual, couples, family, and group counseling to those dealing with a wide range of issues and problems. Dick is a Licensed Psychologist (#4709) and Licensed Professional Counselor (#0405) in New Jersey. He also continues a more than 40-year involvement in a career outside of counseling and coaching.

For Additional Information
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CAREER COUNSELING & CONSULTATION SERVICES



**FOR ADULTS AND
ADOLESCENTS**

Do you hate your present job?

Are you unsure of your job/career options?

Do you feel overwhelmed when thinking about a new job/career?

Do you know what skills/qualifications are needed for a given job/career?

Have you repeatedly been unable to convert what appear to be 'good' leads into a firm job offer?

Does the idea of interviewing scare you?

METHOD

Coaching and/or counseling provided during individual & group sessions.



Based on need, consultation with Human Resource Professionals may be arranged to improve resumes, application letters, and interviewing skills.

APPROACH

Sessions are individually designed to **HELP YOU ACHIEVE YOUR GOALS.**

Strengthen known and learn new **SKILLS** to help you identify career goals and objectives plus increase the effectiveness of your job or career search and/or advancement.

Supportive, cognitive, and behavioral strategies are used as appropriate.