

## ***THE TEN COMMANDMENTS FOR PARENTS***

1. I will always love and honor my child for who she is and not for what I would like her to be.
2. I will give my child enough space to grow, to dream, to succeed, even sometimes to fail.
3. I will surround my child in a warm and loving household, and I will show him, with all my ability, that he is loved at all times.
4. When discipline is needed, I will always remind my child that I am objecting to her behavior and not her being.
5. I will establish boundaries for my child, and I will help him to find safety in knowing what actually is truly expected from him.
6. I will always make sure to find the time to be with my child. In the time that we will be together, I will treat him in a loving way, knowing how important those moments of togetherness are and how fleeting they are.
7. I will never burden my child with problems or feelings because he does not yet have the tools to deal with them. I will always remember that I am the parent of the child.
8. I will always encourage my child to explore more and more the possibilities that the world opens up for him, while I am guiding him in his ways and trying with all my might to bring him to the point that when the time will come to go out on his own he will be careful but not frightened.
9. I will always try to protect myself, physically and spiritually, in order to be present for my child at every time that he needs me.
10. I will try to be the same kind of a person that I would like my child to be when she grows up: loving, sensitive, ethical, generous and full of hope.

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